

STRENGTH FLOOR CLASS SCHEDULE

\boldsymbol{S}	M	T	W	T	\boldsymbol{F}	\boldsymbol{S}
	8:00 - 9:00AM		8:00 - 9:00AM		8:00 - 9:00AM	
	Adult Develop		Adult Develop		Adult Develop	
	9:00 - 10:00AM		9:00 - 10:00AM		9:00 - 10:00AM	8:00 - 9:00AM
	JR Develop 1		JR Develop I		JR Develop I	Adult Develop
		12:00 - 1:00PM		12.00 1.00 PM		9:00 - 9:30AM
		Adult Develop		12:00 - 1:00PM <i>Adult Develop</i>		JR Fundamentals
	4:00 - 5:00PM JR Develop I & 2	4:00 - 5:00PM	4:00 - 5:00PM JR Develop 1 & 2	4:00 - 5:00PM	4:00 - 5:00PM JR Develop 1 & 2	9:30 - 10:00AM **JR Jumpstart**
	JK Develop 1 & 2	JR Jumpstart	JK Develop 1 & 2	JR Jumpstart	JR Develop 1 & 2	on oumpstart
	5:00 - 6:00PM	5:00 - 6:00PM	5:00 - 6:00PM	5:00 - 6:00PM	5:00 - 6:00PM	10:00 - 10:30AM
	JR Jumpstart	JR Fundamentals	JR Jumpstart	JR Fundamentals	JR Jumpstart	JR Develop I
	6:00 - 7:00PM	6:00 - 7:00PM	6:00 - 7:00PM	6:00 - 7:00PM	6:00 - 7:000PM	10:30 - 11:00AM
	JR Develop 1	JR Develop 1	JR Develop I	JR Develop 1	JR Develop I	JR Develop 2

