



STRENGTH FLOOR CLASS SCHEDULE

S	M	T	W	T	F	S
	8:00 - 9:00AM <i>Adult Develop</i>		8:00 - 9:00AM <i>Adult Develop</i>		8:00 - 9:00AM <i>Adult Develop</i>	
	12:00 - 1:00PM <i>Adult Develop</i>	12:00 - 1:00PM <i>Adult Develop</i>	12:00 - 1:00PM <i>Adult Develop</i>	12:00 - 1:00PM <i>Adult Develop</i>	12:00 - 1:00PM <i>Adult Develop</i>	
	3:00 - 4:00PM <i>JR Develop 2</i>	3:00 - 4:00PM <i>JR Develop 2</i>	3:00 - 4:00PM <i>JR Develop 2</i>	3:00 - 4:00PM <i>JR Develop 2</i>	3:00 - 4:00PM <i>JR Develop 2</i>	
	4:00 - 5:00PM <i>JR Develop 1</i>	4:00 - 5:00PM <i>JR Develop 1</i>	4:00 - 5:00PM <i>JR Develop 1</i>	4:00 - 5:00PM <i>JR Develop 1</i>	4:00 - 5:00PM <i>JR Develop 1</i>	
	5:00 - 6:00PM <i>JR Develop 2</i>	5:00 - 6:00PM <i>JR Develop 2</i>	5:00 - 6:00PM <i>JR Develop 2</i>	5:00 - 6:00PM <i>JR Develop 2</i>	5:00 - 6:00PM <i>JR Develop 2</i>	
	6:00 - 7:00PM <i>JR Develop 1</i>	6:00 - 7:00PM <i>JR Develop 1</i>	6:00 - 7:00PM <i>JR Develop 1</i>	6:00 - 7:00PM <i>JR Develop 1</i>	6:00 - 7:00PM <i>JR Develop 1</i>	



LNPC



TURF CLASS SCHEDULE



S	M	T	W	T	F	S
						8:00 - 8:30AM <i>Adult Development Flex</i>
	9:00 - 9:30AM <i>Junior Fundamentals</i>		9:00 - 9:30AM <i>Junior Fundamentals</i>			9:00 - 9:30AM <i>Junior Fundamentals/ Jump Start</i>
						10:00 - 10:30AM <i>D1/D2 Flex</i>
		4:00 - 4:30PM <i>Junior Jump Start</i>		4:00 - 4:30PM <i>Junior Jump Start</i>		
	5:00 - 5:30PM <i>Junior Jump Start</i>	5:00 - 5:30PM <i>Junior Fundamentals</i>	5:00 - 5:30PM <i>Junior Jump Start</i>	5:00 - 5:30PM <i>Junior Fundamentals</i>		