

# KIDS IN MOTION SCHEDULE

- For LNPC members, ages 6-12 years old.
- Registration is through the app and opens 54 hours in advance.
- Parents MUST remain in the facility while children are participating.

S	M	T	W	T	F	S
						10:00 - 11:00AM <i>Courts</i>
	4:30 - 5:30PM <i>Rox Climbing Gym</i>	4:30 - 5:15PM <i>*Yoga in the Chopra Mind-Body Zone</i>	4:30 - 5:30PM <i>Track</i>	4:30 - 5:15PM <i>Kids Strength</i>		
	5:45 - 6:45PM <i>Rox Climbing Gym</i>	5:30 - 6:30PM <i>**Family Pool</i>		5:30 - 6:30PM <i>**Family Pool</i>		

*\*New class starting April 4th!*      *\*\*Bring your swimsuit!*

